



DANCE DEPARTMENT DRESS CODE

Dance Type	Females	Males	Footwear
Adults	<p>Clothes: Adults should wear comfortable, loose fitting clothing of choice.</p> <p><i>*Lapas for women in African Classes.</i></p>	<p>Clothes: Adults should wear comfortable, loose fitting clothing of choice.</p>	<p>Females: Appropriate footwear by class type.</p> <p>Males: Appropriate footwear by class type.</p>
African	<p>Clothes: <u>Levels A, Fundamentals, Pre:</u> Light Blue Leotard, Lapa and Suntan Color Convertible Tights.</p> <p><u>Levels B, C, D, Teen, XP:</u> Black Leotard, Lapa and Suntan Color Convertible Tights.</p>	<p>Clothes: Black Form fitting T-Shirt (MB T-shirt suggested) & black sweat pants, Jazz pants or tights.</p> <p>*Athletic Supporter/Dance Belt.</p>	<p>Females: Bare Feet.</p> <p>Males: Bare Feet.</p>
Ballet	<p>Clothes: <u>Levels A, Fundamentals, Pre:</u> Light Blue Leotard and Suntan Color Convertible Tights.</p> <p><u>Levels B, C, D, Teen, XP:</u> Black Leotard and Suntan Color Convertible Tights.</p>	<p>Clothes: Black Form fitting T-Shirt (MB T-shirt suggested) & black sweat pants, Jazz pants or tights.</p> <p>*Athletic Supporter/Dance Belt.</p>	<p>Females: Pink Ballet Slippers.</p> <p>Males: Black Ballet Slippers.</p>
Creative Movement /Young Dancers	<p>Clothes: Light Blue Leotard and Suntan Color Convertible Tights.</p>	<p>Clothes: Black Form fitting T-Shirt (MB shirt suggested) and black sweat pants, Jazz pants or tights.</p> <p>*Athletic Supporter/Dance Belt.</p>	<p>Females: Pink Ballet Slippers.</p> <p>Males: Black Ballet Slippers, Jazz Shoes, or Karate Shoes.</p>
Hip Hop	<p>Clothes: Black or Dark Blue T-Shirt (MB T-shirt suggested) and black sweat pants or stretch pants. (NO JEANS)</p>	<p>Clothes: Black or Dark Blue T-Shirt (MB T-shirt suggested) and black sweat pants, Jazz pants or tights.</p> <p>*Athletic Supporter/Dance Belt.</p>	<p>Females: Non-Marking Sneakers.</p> <p>Males: Non-Marking Sneakers.</p>

Please Read Dress Code Notes On The Other Side Of This Sheet.



Modern/ Jazz/Tap	Clothes: <u>Levels A, Basics, Fundamentals, Pre:</u> Light Blue Leotard and Suntan Color Convertible Tights. <u>Levels B, C, D, Teen, XP:</u> Black Leotard and Suntan Color Convertible Tights.	Clothes: Black Form fitting T-Shirt (MB T-shirt suggested) and black sweat pants, Jazz pants or tights. *Athletic Supporter/Dance Belt.	<u>Modern:</u> Bare Feet. <u>Jazz:</u> Tan Jazz shoes. <u>Tap:</u> Black Tap Shoes.
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Dress Code Notes

- All dance students **MUST** adhere to the dress code in order to be permitted to participate in class.
- Absolutely **NO** Jeans.
- For their safety, all male students are required to wear an athletic supporter or a dance belt.
- For every dance class, students may add a dark form-fitting t-shirt or sweater for warmth.
- If a student is in a combination class, select uniforms from each dance type.
- Bare feet prevent slipping and maximize the articulation of feet.
- A Lapa is a tied skirt of 1-2 yards of fabric that wraps 1 ½ times around the waist and reaches below the knee.
- The Mind-Builders T-shirt is suggested for all classes requiring blue or black t-shirts. MB t-shirts can be purchased in the first floor office.
- Non-Marking sneakers have white soles or are sneakers that do not mark the studio floors.
- Sneakers should only be for dance. No street shoes is allowed on the studio floors.

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