

## **SATURDAY Dance Schedule Fall/Spring 2020-2021**

### **Ages 3.5 - 5**

Young Dancers 12pm – 1:00pm

### **Ages 5-6**

Ballet/Tap Fundamentals 11:45am – 12:45pm

African/Hip Hop Fundamentals 1:00pm – 2:00pm

### **Ages 6.5-8.5**

Hip Hop Basics I 10:30pm – 11:30pm (ages 7-10)

Pre Hip Hop 11:45am – 12:45pm

Pre Ballet/Tap 1:00pm – 2:30pm

Pre African/ Modern 2:30pm – 4:00pm

Ballet & Jazz Basics 4:00pm-5:15pm (ages 7-10)

### **Ages 8.5-10**

Ballet/Modern A 10:00am – 11:30am

Hip Hop Basics I 10:30pm – 11:30pm (ages 7-10)

African A 1:30pm - 2:30pm

Hip Hop A 2:45pm - 3:45pm

Ballet & Jazz Basics 4:00pm-5:15pm (ages 7-10)

### **Ages 10-14**

Ballet/Modern A 10:00am – 11:30am (ages 8.5-13)

Tap AB 12:15pm - 1:15pm (ages 8.5 -13)

\*Hip Hop B 1:30pm-2:30pm

\*African B 2:45pm-3:45pm

### **Ages 11-19**

\*Ballet/Modern BC 10:00am – 11:45pm

\*Tap CD 2:45pm – 3:45pm

\*Hip Hop D 4:00pm – 5:00pm

\*African C 4:00pm – 5:00pm

African/Modern Teen 4:15pm – 5:45pm

\*African D/XP 5:15pm– 6:30pm

\*Hip Hop C 5:15pm– 6:15pm

### **Adult (ages 18+)**

Zumba (Community Class) 9:15am – 10:15 am

**\*Advanced Classes (by teacher placement only)**

# Weekday Dance Schedule Fall/Spring 2020-2021

## Tuesday

Ballet/Jazz Basics Tuesday - 4:15-5:30pm  
(Ages 7-10)

Hip Hop Basics - Tuesday - 5:45-6:45pm  
(Ages 7-10)

Hip Hop Basics 2 - Tuesday - 4:30-5:30pm  
(Ages 11-18)

\*Ballet/Modern XP - 5:45-7:15pm  
(Ages 13-19)

Fit4Life Gentle Yoga and Meditation – 7:00pm-8:15pm  
(Ages 16 - Adult) *Free Community Class*

## Wednesday

Fit4Life Zumba - 7:00-8:00pm  
(16-adult) *Free Community Class*

## Thursday

\*Dance Ensemble Pre-Professional Repertory - 5:00-7:00 pm  
(by teacher placement only)  
(Ages 12-19)

Adult African Modern -7:15-8:45 pm  
(Ages 18-Adult with previous dance experience)

Fit4Life Soca – 7:00pm-8:00pm  
(Ages 16 - Adult) *Free Community Class*

# Friday

\*Flex Jumps Leaps & Turns - 4:30-5:45 pm  
(by teacher placement only)  
(Ages 11-18)

Hip Hop Teen - 4:45-5:45pm  
(Ages 11-18)

Ballet Teen - 6:00pm-7:00pm  
(Ages 11-18)

\*Hip Hop XP - 6:00pm - 7:00pm  
(Ages 13-19)

Adult Hip Hop-7:15-8:15 pm  
(Ages 19-Adult with previous dance experience)

Fit4Life Stretch – 3:00pm-4:00pm  
(Ages 16 - Adult) *Free Community Class*

**\*Advanced Classes (by teacher placement only)**