

<u>Dance</u>

- Tap for Ages 5-18: Wednesdays & Saturdays (Times vary by age & level)
- Mind Your Beat- Freestyle Dance Club for Ages 9- 14: Saturday, 6:30-7:30pm

<u>Fun Fitness Classes (Fit4Life)</u> Ages 16 - Adult

- Yoga: Tuesday, 7:15-8:15pm
- Zumba: Wednesday, 7:15-8:15pm Saturday, 9-10am
- Soca: Thursday, 7:15-8:15pm
- Stretch: Friday, 3-4pm

<u>Music</u>

- Digital Studio Production for Ages 12-21: Tuesday & Friday, 4-5:30pm or 5:30-7pm
- Music Ensemble (Band) for Ages 8-Adult Audition required. Wednesday 5-7pm
- Music Theory for Ages 5-Adult Beginner: Thursday, 5:30-6:15pm Intermediate: Thursday, 6:15-7pm
- Creative Songwriting for Ages 14-19: Audition required, begins in January. Tuesday & Wednesday, 5–7pm
- Awakening Youth Ensemble for Ages 13-19: Audition required, begins in January. Fridays, 4–7pm

Virtual classes also available.

FREE Programs/Classes Fall 2022 - Spring 2023

Visual Arts

• Anime/Visual Arts for Ages 11-18: Wednesday & Friday, 4-5:30pm or 5:30-7:30pm

<u>Theater</u>

- PYT Drama Program for Ages 13-21: Theater workshops include voice, movement, acting, and performance.
 Stipends paid. No experience needed! Ages 13-15: Wednesday, 4:30-5:45pm Ages 16-21: Thursdays, 4:30-5:45pm
- Pre-Professional Ensemble Ages 14-Adult: Audition required Wednesday & Thursday, 5:45-7pm

Tradition Documentation

• Folk Culture Program for Ages 14-21: Folk culture research, documentation, and presentation program. Internship with stipend. (Applications for Summer 2023 open in April)

Collaborative Programs

- Mark Morris Dance for PD
- Paige Fraser Foundation

Scan/click the QR code or give us a call to learn more.



*100% ADA Compliant

Mind-Builders Creative Arts Center 3415 Olinville Ave Bronx, NY 10467 (Near Gun Hill Rd & White Plains Rd) | www.Mind-Builders.org | 718-652-6256